



HEDONISTIC HIKING

Day walks in Tuscany

*"The best way to know a land is to take its food in, or better, to 'eat the land'..."
(Italo Calvino)*

Immerse yourself in the beauty of Tuscany with our unique guided walks. Experienced and knowledgeable guides with a genuine passion for the area. Tailor-made itineraries. Delectable lunches accompanied by local wines.

Not just walking: we bring alive the rich culture and artistic heritage, the celebrated cuisine, the natural beauty and intriguing history of the area. Meticulously researched itineraries. Personal and professional service.

Take a step back in time and feel yourself unwind.

"Extremely professional and also good fun. Very interesting people who have loads of local and historical knowledge"

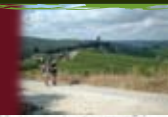


Visit our website
www.hedonistichiking.co.uk
for information on our other tours



For more information or to book
call Jackie: +39 333 3194 203 or ask at your hotel reception

The Essence of Italy



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Enjoy an insight into parts of Tuscany many rarely see.

DiscoverThe Florentine Hills, The Heart of Chianti and The Sienese Hills.



- Unspoilt countryside
- Artistic jewels
- Romanesque churches and abbeys
- Picturesque villages
- Exclusive wineries
- Castles, Villas and Gardens



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