

Frequently Asked Questions

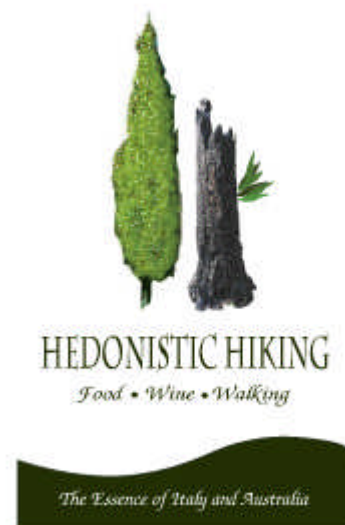
If your question isn't answered below. [Contact us](#) and we'll be happy to help.

How many people will be on the holiday?

There is a maximum of 16 in a group.

Are the departures guaranteed?

Yes. We require a minimum of 6 people to operate a tour as per the published itinerary. However, we understand that our clients need to book flights and make travel plans in advance. Therefore, if we have fewer than 6 we will still offer the tour and there will be one, instead of two, guides. Some of the walks may be adapted to suit the smaller group but the quality of the Hedonistic Hiking product will not be compromised.



Are the holidays suitable for single guests?

Yes. Many of our clients travel on their own and enjoy being part of a small and friendly group. Although it is necessary for us to charge a single supplement we absorb some of the cost ourselves in an effort not to penalize our single travellers.

What is the average age of the group?

Clients on our tours range from age 40 to 70+. Our Short Breaks in Australia and Tailor-made holidays in Italy are designed for people of all ages.

Who will be my guides?

There are 2 guides on all tours. In order to ensure we maintain the high level of quality and personal service in which we believe one of us (Jackie or Mick) will **always** guide each tour. We often run the tours together. Our other guides have been hand-picked by us for their personality, expertise and professionalism.

When is the best time of year to travel?

We schedule our tours during the prime walking seasons in each destination. In Italy this is mid-April, May, June, September and October. In Australia it's November to Easter. During the summer months in Australia we operate walks in the mountains to take advantage of the cooler mountain air. For tailor made tours we will design the itinerary to suit the time of year.



Are there lots of hidden extras?

No. Our tours are fully inclusive. You will only need money to buy souvenirs and extra drinks pre and post meals. Fine wines are included with lunches and dinners. On Australian tours we also provide some boutique beers.



Will I be fit enough?



We use a “walking man” scale to grade our tours – with  being the easiest and  the toughest. Our tours are **holidays** and not endurance tests so your enjoyment is paramount. We encourage you to take regular exercise prior to your holiday to maximize your enjoyment. We have a support vehicle on all our tours so you only need walk a half day if you prefer. See the individual itineraries or contact us for more information on the walking for each tour.

Will you book my flight for me?

No. We don't book flights but for our Australian clients we can recommend our partner Travel Agents who can organize your flights for you.

If we want to spend more time in the region of the tour can you help with other travel arrangements?

Yes. On all our tour pages we provide information and advice for people wanting to extend their holiday. If you have already booked on a tour you can also contact us directly with specific requests. We provide a high quality and personal service and are happy to share our expertise with you.

What equipment do I need?

Below is a general list of things to bring. We send a more detailed equipment list with the final tour information. We are happy to provide more detailed advice if required.

- Waterproof walking boots with good grip and ankle support. **Allow sufficient time to wear in new boots prior to the holiday.** We also suggest that you travel in your walking boots so that you are not too inconvenienced if your hold luggage is delayed en route.
- Waterproof jacket and trousers
- One pair of lightweight quick-drying walking trousers (not jeans) - Zip-off trousers which convert to shorts are very useful. Look for a pair with long zips at the ankles so you can take the bottoms off without having to remove your boots.
- Shorts – if you don't have zip-off trousers
- 2 quick-drying shirts for walking.
- Walking socks
- Warm fleece
- Small rucksack (around 20lt in size) to carry water, waterproofs and personal items such as camera.
- Large water bottle – minimum 1 litre. (we will supply you with a plastic refillable bottle if you do not have your own)
- Sun hat, sun cream and sunglasses

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